

NOOM IS AVAILABLE AT NO COST TO YOU (A \$209+ VALUE!)*

Real parents, real results beyond weight loss

Life gets busy, especially when you have kids. Noom’s proven behavior change program makes it easier for parents like you to build lasting healthy habits that deliver benefits beyond the scale. Just ask these Noom members.**



“ JOE IS FULLY PRESENT WITH HIS FAMILY

“Having psychology[-powered] lessons in bite-sized portions, that is something that really worked and is still working well for me. One of my kids said, ‘You know, Dad, when you’re here, you’re really here now.’”

Joe - Lost 12 lbs, lowered A1c levels

“ KARLA IS IN FULL CONTROL OF HER HEALTH

“Noom helped me with my relationship to food. I love that there are no bad foods. I feel like I finally have my health under control. I’m going to be here for my kids. I’m off all this medicine. And I’ve put myself first. I have time for my kids and they’re happier. And they see a new mom. Thank you, Noom.”

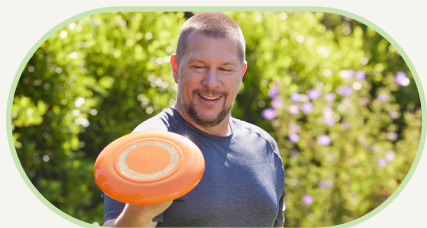
Karla - Lost 80 lbs in less than a year



“ CHRISTOPHER HAS MORE ENERGY FOR WHAT MATTERS MOST

“The guidance, and the coaching, and the tips—there is just so much that is offered through Noom that allows you to have something that will probably work for you at that moment of weakness that you’re having. My son is the reason behind everything and the motivator of all motivators. I wanted to be able to be that father that is running around with his kid, throwing him up in the air, doing all those things. [Now], I’m able to have that energy that I didn’t used to have.”

Christopher - Lost 30 lbs and is no longer prediabetic



Join now at no cost to you at go.noom.com/plmarketing

OR SCAN HERE TO ENROLL →



Noom is a wellness benefit to all enrolled in the UHC Medical Plan

*Based on current price of 12-month Noom subscriptions.

**Real Noom users compensated to provide their story. In 4 weeks, the typical Noom Weight user can expect to lose 1-2 lbs per week. Noom results involve maintaining a healthy diet and exercise changes. Individual results may vary.