

# Choose smart. Look for blue hearts.

Get the support you need. Choosing a doctor is one of the most important health decisions you'll make. The UnitedHealth Premium® program can help you find doctors who are right for you and your family.

## Find quality, cost-efficient care.

Studies show that people who actively engage in their health care decisions have fewer hospitalizations, fewer emergency visits, higher utilization of preventive care and overall lower medical costs.

Take an active part in your health by seeking out and choosing physicians, with the help of the UnitedHealth Premium program.

The Premium designation makes it easy for you to find doctors who meet national standards for quality and local market benchmarks for cost efficiency.

## Choose with confidence.

The UnitedHealth Premium program evaluates physicians in various specialties using evidence-based medicine and national standardized measures to help you locate quality and cost-efficient doctors. It's easy to find a UnitedHealth Premium Care Physician. Just go to [myuhc.com](https://myuhc.com)® > [Find a Provider](#). Choose smart. Look for blue hearts.



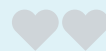
### Premium Care Physician

The physician meets the UnitedHealth Premium program quality and cost-efficient care criteria.



### Quality Care Physician

This physician meets the UnitedHealth Premium program quality care criteria but does not meet the program's cost-efficient care criteria or is not evaluated for cost-efficient care.



### Does Not Meet Premium Quality Criteria

The physician does not meet the UnitedHealth Premium program quality criteria so the physician is not eligible for a Premium designation.



### Not Evaluated for Premium Care

The physician's specialty is not evaluated in the UnitedHealth Premium program, the physician does not have enough claims data for program evaluation or the physician's program evaluation is in process.

If a doctor does not have a Premium designation, it does not mean he or she provides a lower standard of care. It could mean that the data available to us was not sufficient to include the doctor in the program. All doctors who are part of the UnitedHealthcare network must meet our credentialing requirements (separate from the Premium program).

# UnitedHealth Premium specialties.

## Allergy

- Allergy
- Allergy & Immunology

## Cardiology

- Cardiac Diagnostic
- Cardiology
- Cardiovascular Disease
- Clinical Cardiac Electrophysiology
- Interventional Cardiology

## Ear, Nose and Throat

- Head and Neck Surgery
- Laryngology
- Otolaryngology
- Otology
- Pediatric Otolaryngology
- Rhinology

## Endocrinology

- Endocrinology, Diabetes and Metabolism

## Family Medicine

- Family Practice
- General Practice
- Preventive Medicine

## Gastroenterology

- Digestive Diseases
- Endoscopy
- Gastroenterology
- Hepatology—Liver Disease

## General Surgery

- Abdominal Surgery
- Colon & Rectal Surgery
- Proctology
- Surgery

## Internal Medicine

- Internal Medicine
- Pediatric Internal Medicine

## Nephrology

- Nephrology

## Neurology

- Neurology
- Neurology & Psychiatry
- Neuromuscular Disease

## Neurosurgery, Orthopedics & Spine

- Back & Spine Surgery
- Hand Surgery
- Knee Surgery
- Neurology Surgery
- Orthopedic Surgery
- Shoulder Surgery
- Sports Medicine

## Obstetrics & Gynecology

- Gynecology
- Obstetrics
- Obstetrics & Gynecology

## Pediatrics

- Adolescent Medicine
- Pediatric Adolescent
- Pediatrics

## Pulmonology

- Pulmonary Medicine

## Rheumatology

- Rheumatology

## Urology

- Urology



Visit [unitedhealthpremium.com](https://www.unitedhealthpremium.com) to learn more.



The UnitedHealth Premium® designation program is a resource for informational purposes only. Designations are displayed in UnitedHealthcare online physician directories at [myuhc.com](https://myuhc.com)®. You should always visit [myuhc.com](https://myuhc.com) for the most current information. **Premium designations are a guide to choosing a physician and may be used as one of many factors you consider when choosing a physician. If you already have a physician, you may also wish to confer with him or her for advice on selecting other physicians. Physician evaluations have a risk of error and should not be the sole basis for selecting a physician.** Please visit [myuhc.com](https://myuhc.com) for detailed program information and methodologies.

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